

Why do we pray?

Prayer develops our relationship with God

Can you imagine never talking with your spouse or best friend? What kind of relationship would that be? The same is true for our relationship with God. Prayer is our way of growing in that relationship.

Prayer shows our dependence on God

Through prayer we acknowledge our need for God and His involvement in our lives. We humble ourselves by going to Him in prayer.

Prayer changes things

Prayer taps into the power of God to bring change to our lives and the world around us.

Jesus prayed

In the Gospels, Jesus clearly modeled the power and importance of prayer. Throughout Scripture, we are exhorted to pray at all times, in every occasion and without ceasing.

Do you need prayer?

Phone your request to Ruth Burud (952-831-2531) or Ollie Nelson (952-545-5452) to be entered into the confidential phone prayer chain

OR

Email your request to the confidential e-Prayer team at: prayer@westwoodlutheran.org

Also, please contact the church office at 952-545-5623 during times of hospitalization or other health/personal crisis so that the pastoral care staff may support you with prayer and presence.

Questions? Ideas? Comments?

Contact Dawne Sipe, Director of Health Ministries, with any of your questions, ideas, or comments related to the prayer-related ministries at Westwood.

d.sipe@westwoodlutheran.org

Westwood's Prayer Ministry



Westwood's prayer-related ministry teams aim to build up the Body of Christ through prayer.

Look inside for a variety of opportunities to pray and to be prayed for at Westwood.

Westwood's Prayer Ministry Teams

❖ Phone Prayer Chain

Ruth Burud

☎ 952-831-2531

Members of this team pray individually for people with health issues or crises, using a phone-based prayer chain to distribute new requests.

❖ Expectant Families Prayer Chain

Amy Janecek

☎ 612-926-8785

amyjanecek@hotmail.com

Members of this team pray individually for expectant families throughout their pregnancy, during labor, and postpartum, as well as for those in the process of adopting, using a phone-based prayer chain to distribute new requests.

❖ Prayer Shawl Ministry

Dee Petri

☎ 952-933-7986

✉ deepmin@aol.com

Members of this team pray while knitting shawls, either to be received at baptism, or at times when care, comfort and connection are needed. Knitters pray for those who will receive the shawls. Participants are encouraged to make one or multiple shawls at their own pace. Directions and yarn are provided.

❖ e-Prayer Team

Sandy Niewinski (personal prayer)

Kristi Taft (churchwide requests)

Members of this team pray individually for a variety of prayer requests that are distributed via email.

There are two ways to participate*:

Personal Prayer Requests

This team prays for the personal needs of individuals requesting prayer via prayer@westwoodlutheran.org.

Requests are distributed via email as frequently as they arrive, but not more than twice per day.

Churchwide Prayer Requests

Involves praying for specific requests from pastors, staff, or members relating to the broader mission and ministries of Westwood.

Requests are distributed via email weekly.

* You can choose to be part of one or both distribution lists.

❖ Healing Prayer Team

Dawne Sipe

☎ 952-767-5576

✉ d.sipe@westwoodlutheran.com

Members of this group pray with those desiring prayer at selected services when communion is offered and in association with services of healing.

❖ Chapel Prayer Time

Julie DiGravina

☎ 952-920-0892

✉ jadigravina@yahoo.com

Members of this group gather together in the chapel Sunday mornings to pray for the worship services, and Wednesday evenings for a time of praying the Psalms, silent confession, intercessory prayer, and thanksgiving. Members attend each week as they are able.